

North Shore Frosh Soph Girls - 4/16/2015 2:47:07 PM
Cold Spring Harbor, Cold Sping Harbor, NY

Fresh Girls 1500 Meter Run

Name	Yr Team	Time
1 Lucy Hurt	Port Washington	5:08.8
2 Madeline Jester	Port Washington	5:18.5
3 Olivia Plansker	Manhasset	5:20.3
4 Davida Harris	Port Washington	5:25.3
5 Alexia Moustakas	East Meadow	5:28.4
6 Anna Pappas	Friends Academy	5:29.4
7 Angela Tsoumpas	Manhasset	5:31.4
8 Kali Keyes	East Meadow	5:46.5
9 Katherine Procacci	Frank Carey	5:47.2
10 Talia Crowley	Port Washington	5:48.2
11 Annalie Molloy	Frank Carey	6:00.3
12 Jenna Rubens	Port Washington	6:05.3
13 Sydney Rosenthal	Port Washington	6:12.9

Soph Girls 1500 Meter Run

Name	Yr Team	Time
1 Carly Perlmutter	10 Port Washington	5:17.3
2 Dorothy Liu	10 Great Neck South	5:18.8
3 Laura Angelone	10 Oyster Bay	5:31.0
4 Anisa Elbasty	10 East Meadow	5:34.3
5 Theodora Catrina	10 Sewanhaka	6:11.1
6 Clare Meaney	10 Bethpage	6:11.5
7 Brook Labronski	10 Great Neck South	6:17.1
8 Vanessa DaCunha	10 Carle Place	6:27.3
9 Kerry Brosnan	10 Carle Place	6:37.6
10 Rachel Aber	10 Plainview	6:39.3
11 Heidi Chang	10 Great Neck South	6:59.2
12 Fei Fei Zheng	12 Great Neck South	7:20.3

Frosh Girls 100 Meter Hurdles

Name	Yr Team	Time	Wind
1 Saige Gitlin	Port Washington	18.4	NWI
2 Jamie Littman	Port Washington	19.2	NWI
3 Centeno Krystina	East Meadow	19.6	NWI
4 Vanessa Quinland	Friends Academy	20.3	NWI

5	Mikayla Cooper	Oyster Bay	21.2	NWI
6	Angelica Golebiewski	Hicksville	22.6	NWI
7	Nora Montera	Hicksville	23.2	NWI
8	Sophia Park	Plainview	26.7	NWI

Soph Girls 100 Meter Hurdles

Name	Yr Team	Time	Wind
1	Megan Prosser	10 Locust Valley	19.2 NWI
2	Rosalie Coschignano	10 Oyster Bay	19.6 NWI .0
3	Victoria McMeekin	10 Manhasset	19.6 NWI .0
4	Alexandra Vassallo	10 Locust Valley	19.9 NWI
5	Gabby McLeod	10 East Meadow	20.0 NWI
6	Stephanie Casale	10 Plainview	20.8 NWI
7	Kiara Jones	10 East Meadow	20.9 NWI .0
7	Amanda Francis	10 East Meadow	20.9 NWI .0
9	Chizoba Uchendu	10 Sewanhaka	21.4 NWI
10	Madison Walsh	10 Locust Valley	22.2 NWI
11	Alexandra Schear	10 Plainview	22.8 NWI
12	Kayla Iraldo	10 Hicksville	22.9 NWI

Frosh Girls 100 Meter Dash Semis

Name	Yr Team	Time	Wind
1	Amber Woods	Glen Cove	13.1 NWI
2	Isreal Phillips	Sewanhaka	13.6 NWI
3	Melissa Hernandez	Port Washington	13.8 NWI .0
3	Adreana Lomini	Glen Cove	13.8 NWI .0
5	Valentina Bastidas	Bethpage	14.3 NWI
6	Beatriz Chavarria	10 Port Washington	14.4 NWI
7	Thebner Stacy	East Meadow	14.6 NWI .0
7	Joannah Patterson	Manhasset	14.6 NWI .0
9	Danielle Rozinov	Manhasset	14.8 NWI
10	Christina Saladino	East Meadow	15.0 NWI .0
10	Akyra Ingram	Sewanhaka	15.0 NWI .0
12	Abigail de Reyna	Port Washington	15.1 NWI .0
12	Ina Chu	Port Washington	15.1 NWI .0
14	Celia Chistake	Port Washington	15.2 NWI
15	Sophia Hunte	Sewanhaka	15.4 NWI
16	Jamison Tuch	Port Washington	15.5 NWI .0
16	Cherish Francis	Sewanhaka	15.5 NWI .0
18	Sydney Rosenthal	Port Washington	16.6 NWI

Soph Girls 100 Meter Dash Semis

Name	Yr Team	Time	Wind
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1	Samantha Green	10 East Meadow	13.8	NWI
2	Kadi-Ann Wong	10 East Meadow	14.0	NWI .0
2	Anee Williams	10 Port Washington	14.0	NWI .0
2	Malayna Jackson	10 Sewanhaka	14.0	NWI .0
5	Selena Phan	10 Bethpage	14.4	NWI .0
5	Gabby McLeod	10 East Meadow	14.4	NWI .0
5	Shannon Harris	10 Sewanhaka	14.4	NWI .0
8	Samantha Guagliardo	10 Manhasset	14.5	NWI .0
8	Arielle Ziv	10 Port Washington	14.5	NWI .0
8	Rachel Chao	10 Bethpage	14.5	NWI .0
11	Ilana Hill	10 Port Washington	14.7	NWI
12	Danielle Losquadro	10 Bethpage	14.8	NWI .0
12	Reed Pelton	10 Manhasset	14.8	NWI .0
14	Amelia Cardone	10 Friends Academy	14.9	NWI
15	Monique Varvo	10 Great Neck South	15.2	NWI .0
15	Remi Mankes	10 Port Washington	15.2	NWI .0
17	Sienna Natale	10 East Meadow	15.4	NWI
18	Amanda Simes	10 Port Washington	16.3	NWI

Frosh Girls 800 Meter Run

Name	Yr Team	Time	
1	Lucy Hurt	Port Washington	2:29.1
2	Davida Harris	Port Washington	2:37.0
3	Ellie Fox	Cold Spring Harbor	2:39.8
4	Katherine Procacci	Frank Carey	2:43.2
5	Emily Tsoumpas	Manhasset	2:44.6
6	Alexia Moustakas	East Meadow	2:46.6
7	Anna Pappas	Friends Academy	2:47.9
8	Emma Baudo	Cold Spring Harbor	2:48.3
9	Stephanie Cardalena	Hicksville	2:48.7
10	Diana Brennan	East Meadow	2:48.9
11	Talia Crowley	Port Washington	2:53.5
12	Sara Son	East Meadow	2:54.5
13	Emma Deutsch	Friends Academy	2:58.3
14	Julia Bradley	Bethpage	2:58.5
15	Annalie Molloy	Frank Carey	3:00.1
16	Delarosa Miranda	East Meadow	3:05.2
17	Katherine Lopez	East Meadow	3:07.9
18	Sabrina Kersaint-Paul	Frank Carey	3:08.6
19	Nicole Barry	East Meadow	3:11.9
20	Berly Mercado	Frank Carey	3:18.5
21	Evelin Japutra	Farmingdale	3:19.4
22	Alicia Kaczor	Great Neck South	3:19.8
23	Amanda Cohn	Great Neck South	3:21.1
24	Anna Asnis	Friends Academy	3:21.7

25 Molly Alpart	Manhasset	3:22.4
26 Michelle Li	Great Neck South	3:22.7
27 Fatima Cardoza	Glen Cove	3:23.2
28 Isabella Carren	Frank Carey	3:26.8
29 Mikaila Ayala	Glen Cove	3:27.5
30 Lin Ya Greenberg	Great Neck South	3:31.2

Frosh Girls 400 Meter Dash

Name	Yr Team	Time
1 Stella Davis	Friends Academy	1:08.6
2 Madeline Jester	Port Washington	1:08.8
3 Isreal Phillips	Sewanhaka	1:09.7
4 Erin Gonzalez	Bethpage	1:10.2
5 Amber Woods	Glen Cove	1:10.7
6 Abigail de Reyna	Port Washington	1:11.6
7 Saige Gitlin	Port Washington	1:12.2
8 Celeena Arriola	10 Sewanhaka	1:12.7
9 Megan Bazzini	Port Washington	1:13.3
10 Danielle Rozinov	Manhasset	1:13.9
11 Roxane Ghadami	Wheatley	1:14.5
12 Christina Saladino	East Meadow	1:14.7
13 Valerie Adamo	Hicksville	1:15.0
14 Fabiola Amado	Hicksville	1:15.2
15 Emily Kraus	Port Washington	1:15.4
16 Aleyah Webster	10 Sewanhaka	1:16.5
17 Micah Covelli	Oyster Bay	1:17.2
18 Adreana Lomini	Glen Cove	1:21.9
19 Jamison Tuch	Port Washington	1:22.6
20 Abigail Ramlachan	Hicksville	1:23.2

Soph Girls 400 Meter Dash

Name	Yr Team	Time
1 Roisin O'Neill	10 Locust Valley	1:02.1
2 Carina Lewandoski	10 Manhasset	1:05.3
3 Ilana Hill	10 Port Washington	1:05.8
4 Alexandra Vassallo	10 Locust Valley	1:06.1
5 Megan Prosser	10 Locust Valley	1:06.9
6 Samantha Guagliardo	10 Manhasset	1:07.0
7 Maria Lozano	Manhasset	1:07.5
8 Jessica Thienel	10 Oyster Bay	1:08.1
9 Jabin Pu	10 Great Neck South	1:08.2
10 Caitlyn Hooks	10 Cold Spring Harbor	1:08.5
11 Julianne Cottone	10 Friends Academy	1:08.7

12 Kristy Jahchan	10 Locust Valley	1:09.1
13 Ryan Weight	Friends Academy	1:09.9
14 Amanda Francis	10 East Meadow	1:10.5
15 Marianna Nerantzinis	10 Bethpage	1:10.8
16 Isabella Molinari	10 Cold Spring Harbor	1:11.7
17 Kiara Jones	10 East Meadow	1:12.8
18 Amanda Simes	10 Port Washington	1:13.5
19 Sandra John	10 Hicksville	1:16.9
20 Melissa Cooney	10 Locust Valley	1:17.5

Fresh Girls Long Jump

Name	Yr Team	Mark	Wind
1 Jodi Yeh	Oyster Bay	13-05.00	NWI
2 Celia Chistake	Port Washington	12-11.50	NWI
3 Shannon Harris	10 Sewanhaka	12-00.00	NWI
4 Joglar Amanda	East Meadow	11-10.50	NWI
5 Thebner Stacy	East Meadow	11-08.00	NWI
6 Chinaza Ohaeri	10 Sewanhaka	11-02.50	NWI
7 Lauren Picone	East Meadow	10-11.50	NWI
8 Lauren Farkas	Great Neck South	10-02.75	NWI
9 Ciji Lanning	Bethpage	9-07.00	NWI
10 Casey Sanders	Great Neck South	9-04.00	NWI
11 Olivia Zervas	East Meadow	9-01.00	NWI
SCR Abigail de Reyna	Port Washington		ND
SCR Ashley Pereira	Carle Place		ND

Soph Girls Long Jump

Name	Yr Team	Mark	Wind
1 Roisin O'Neill	10 Locust Valley	13-01.00	NWI
2 Reed Pelton	10 Manhasset	13-00.00	NWI
3 Vincy Mathew	10 Plainview	12-11.00	NWI
4 Selena Phan	10 Bethpage	12-05.50	NWI
5 Valerie Aviles	10 Frank Carey	12-04.25	NWI
6 Kristy Jahchan	10 Locust Valley	12-02.00	NWI
7 Vicki Wong	10 East Meadow	11-11.75	NWI
8 Marianna Vukosa	10 Great Neck South	11-10.00	NWI
9 Kaitlyn Hardy	10 Friends Academy	11-07.00	NWI
10 Monique Varvo	10 Great Neck South	11-00.00	NWI
11 Lindsey Abraham	10 Locust Valley	10-11.50	NWI
12 Katiera Meyer	Manhasset	10-04.25	NWI
13 Mieke McLoughlin	10 Manhasset	10-02.25	NWI
14 Brook Labronski	10 Great Neck South	9-08.50	NWI
SCR Anastasia Papaleontio	10 Frank Carey		ND

Frosh Girls Triple Jump

Name	Yr Team	Mark	Wind
1 Lauren Farkas	Great Neck South	23-07.00	NWI

Soph Girls Triple Jump

Name	Yr Team	Mark	Wind
1 Kaitlyn Hardy	10 Friends Academy	25-10.75	NWI
2 Kristy Jahchan	10 Locust Valley	25-10.75	NWI
3 Lindsey Abraham	10 Locust Valley	25-10.50	NWI
4 Marianna Vukosa	10 Great Neck South	25-10.00	NWI
5 Monique Varvo	10 Great Neck South	25-04.00	NWI
6 Kelsey McEvoy	10 Friends Academy	24-01.25	NWI

Frosh Girls Shot Put

Name	Yr Team	Mark
1 Megha Reddy	Great Neck South	25-03.00
2 Shiyang Lu	Great Neck South	24-09.50
3 Zaria McCray	Sewanhaka	20-02.00
4 Nicole Nguyen	Frank Carey	19-09.25
5 Samantha Zizzo	Bethpage	19-08.50
6 Samanta Muratovic	Manhasset	19-04.00
7 Grace D'Ariano	Manhasset	17-06.25
8 Heather Palmer	Bethpage	11-08.00

Soph Girls Shot Put

Name	Yr Team	Mark
1 Gabby Ewulu	10 East Meadow	32-03.50
2 Joanna Cheng	10 Plainview	26-00.50
3 Maria Buffolino	10 Carle Place	25-10.50
4 Aylin Ciftcikal	10 Frank Carey	25-00.50
5 Anee Williams	10 Port Washington	24-06.00
6 Alanna Barnes	10 Frank Carey	24-03.50
7 Nicole Ruiz	10 Plainview	22-00.00
8 Jaleah Stephenson	10 Manhasset	20-04.00
9 Rui Hua Jing	10 Great Neck South	19-11.00
10 Natalie Cacioppo	10 Plainview	19-08.50
11 Jennifer Dong	10 Plainview	17-08.50
12 Cereta Newton	10 Sewanhaka	17-00.00
13 Samantha Alaimo	10 Bethpage	16-00.00
14 Ashley Nicoles	10 Sewanhaka	15-04.25

Frosh Girls Discus Throw

Name	Yr Team	Mark
1 Megha Reddy	Great Neck South	67-05
2 Katerina Giannakopoul	Frank Carey	64-11
3 Zaria McCray	Sewanhaka	54-04
4 Emily Cruz	Manhasset	52-08
5 Grace D'Ariano	Manhasset	50-04
6 Samantha Zizzo	Bethpage	47-05
7 Ashley Pereira	Carle Place	43-02
8 Nicole Nguyen	Frank Carey	39-08
9 Alexandra Docyk	Carle Place	37-07
10 Natalie VanVelsor	Locust Valley	30-04
11 Mackenzie Alpart	Manhasset	23-03

Soph Girls Discus Throw

Name	Yr Team	Mark
1 Gabby Ewulu	10 East Meadow	102-10
2 Anee Williams	10 Port Washington	67-07
3 Maria Buffolino	10 Carle Place	65-08
4 Alanna Barnes	10 Frank Carey	60-04
5 Joanna Cheng	10 Plainview	59-07
6 Aylin Ciftcikal	10 Frank Carey	57-11
7 Dimitra Vrosgou	10 Plainview	52-04
8 Samantha Alaimo	10 Bethpage	51-05
9 Nicole Ruiz	10 Plainview	49-09
10 Rui Hua Jing	10 Great Neck South	48-01
11 Natalie Cacioppo	10 Plainview	46-07
12 Alex Fernandez	10 Locust Valley	44-03
13 Ashley Nicoles	10 Sewanhaka	38-10
14 Cereta Newton	10 Sewanhaka	38-00

Frosh Girls High Jump

Name	Yr Team	Mark
1 Lucito Jillian	East Meadow	4-06.00
2 Laura Richmond	Sewanhaka	3-10.00
SCR Katerina Giannakopoul	Frank Carey	NH

Soph Girls High Jump

Name	Yr Team	Mark
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1 Jean-Marie Neave 10 Carle Place 4-08.00
2 Aylin Ciftcikal 10 Frank Carey 4-00.00

Frosh Girls 100m Finals

Name	Yr Team	Time	Wind
1 Amber Woods	Glen Cove	13.30	NWI
2 Isreal Phillips	Sewanhaka	13.40	NWI
3 Melissa Hernandez	Port Washington	13.60	NWI
4 Beatriz Chavarria	10 Port Washington	13.70	NWI
5 Adreana Lomini	Glen Cove	14.10	NWI
6 Valentina Bastidas	Bethpage	14.50	NWI

Soph Girls 100m Finals

Name	Yr Team	Time	Wind
1 Samantha Green	10 East Meadow	13.8h	NWI
2 Anee Williams	10 Port Washington	14.2h	NWI .0
3 Kadi-Ann Wong	10 East Meadow	14.2h	NWI .0
4 Malayna Jackson	10 Sewanhaka	14.3h	NWI
5 Shannon Harris	10 Sewanhaka	14.4h	NWI
6 Gabby McLeod	10 East Meadow	15.0h	NWI